

# WSQ Higher Certificate in Community and Social Services (Senior Services)

Both Training &  
Assessment-Only-  
Pathway  
(AOP) Available

## Learning Objectives

To equip learners with skills & knowledge to

- understand the characteristics and needs of elders and how to relate and communicate with them effectively
- provide essential healthcare services/nursing support to our elders
- identify the necessary safety and health measurements

## Course Outline

1. Apply Higher Common Processes in Senior Services
2. Participate in Workplace Safety and Health (WSH) Procedures
3. Participate in the Work Environment
4. Support Clients to meet their Physical, Emotional, Psychosocial, Cognitive and Spiritual Needs
5. Observe and Interpret Observations
6. Support Clients to Maximise their Independence
7. Work within a Legal and Ethical Framework
8. Work in the Community and Social Services Environment
9. Respond to Illness, Accidents and Emergencies
10. Assist Clients with Personal Hygiene and Grooming
11. Assist in Feeding Clients
12. Transfer of Clients with and without Use of Equipment
13. Follow Basic Food Handling Practices
14. Demonstrate First Aid/CPR



### Course Duration – 49 Days

Classroom Training : 19.5 days

Workplace Attachment : 29.5 days

### Entry Requirements

Secondary 2 & above or ESS WPL 3

Able to read and write simple English

### Course Fee

Singaporean or PR	S\$490
Non-Singaporean	S\$4,900

\* Course fee up to 90% SDF funding.

Fee is correct at the time of printing and may subject to change.

### Who should attend?

Participants who have a heart for our elders and wish to provide direct care, they may pursue a career in community hospitals, nursing homes or day care centres as Healthcare Assistants, Patient Care Assistants, Programme Assistants, Nursing Aides or Home Helpers.

### What our participants have to say:

*It was fun, interesting experience to attend the class. I learn more than I'm supposed to learn and gain.*

Indra,  
Higher Cert. 2<sup>nd</sup> intake

*The lesson is clear, interactive and interesting. The training is reinforced through discussion work activities and assessment.*

Lynsey Yap,  
Advanced Cert. 2<sup>nd</sup> intake

*Trainers are very very good in their field of knowledge, true professional and very engaging.*

Jaggit,  
Prof. Diploma, 2<sup>nd</sup> intake

*Very enriching training and experience sharing from the trainer. Provide an insight of the elder care sector.*

Richard Soh,  
Prof. Diploma, 1<sup>st</sup> intake

Wong Kok Tor,  
Advanced Cert.