

Effective Caregiving Series: Fundamentals of Caregiving for Older Persons with Dementia

Learn the right skills and methods to care for older persons with dementia!

Learning Objectives

At the end of the training, caregivers will be able to:

1. Understand the disease and its progression in greater depth
2. Able to identify the triggers of undesired behaviour
3. Know how to prevent, respond and change undesired behavior
4. Know how to implement enriching activities for older persons with dementia
5. Know how to apply stress relieving techniques for both dementia sufferer and caregiver

Course Outline

1. Orientation to dementia
2. Effective communication
3. Managing difficult behaviors
4. Managing Carer Stress
5. The ABC approach to managing difficult behavior
6. Activities for persons with dementia

Training Details

Course Duration

Classroom Training: 2 days

Course Fee

Per Participant: S\$220

(eligible for subsidy of up to \$200 by the Caregivers Training Grant)

Venue

TSAO Foundation
Hua Mei Training Academy
298 Tiong Bahru Road
#15-01/06 Central Plaza
Singapore 168730

Date

5 & 6 Apr 2010 (Monday & Tuesday)
12 & 13 July 2010 (Monday & Tuesday)

Time

9am to 5pm

Why you must attend?

- ***To manage difficult behaviors, and***
- ***To implement enriching activities for older persons with dementia***

Call Ms Chua Hui Keng at 65939552 or email huikeng@tsaofoundation.org for more information.

Response Slip

- Yes, I am interested in the 'Fundamentals of Caregiving for Older Persons with Dementia' (**English**) caregiver training, please keep me informed of the training details.
- Yes, I am interested in the 'Fundamentals of Caregiving for Older Persons with Dementia' (**Mandarin**) caregiver training, please keep me informed of the training details.

Name: _____

Email: _____ Tel/HP: _____

About Caregivers Training Grant (CTG)

The objective of the CTG is to support caregivers in their caregiving and build capability of caregivers so that they can better cope and care of the physical and socio-emotional needs of the persons with disability or senior.

Caregivers of seniors can apply for the CTG to attend training programmes, seminars or workshops (that have been pre-approved for CTG) related to caregiving of persons with disability or seniors at subsidised fees.

More information of the Caregivers Training Grant can be found at the Centre for Enabled Living website, <http://www.cel.sg/AssistanceScheme6.aspx>.

About Hua Mei Training Academy

TSAO Foundation set up the Hua Mei Training Academy in 1995 to spearhead and conduct training programmes that would raise the overall level of geriatric care and care giving skills for older people.

The training academy aims to promote ageing in a positive light; by delivering positive messages that older people are worthy of respect, and are capable of living meaningful and independent lives, even as they need increasing levels of assisted living.

We specialize in conducting training for aged care and health professionals, volunteers and family care givers on a wide range of topics comprises eldercare, dementia care, health promotion and the psycho-emotional dimensions of ageing.
